

March for Life 2019

General Information

The Catholic Diocese of Grand Rapids offers youth (grades 9-12) an opportunity to participate in the National March for Life in Washington, D.C. Transportation provided by motor coach with lodging at the National 4-H Youth Conference Center in Chevy Chase, MD. The cost per person \$325 covering transportation, two night's lodging, and 5 meals. Participants will need additional money to pay for 3 meals, subway fare, and sightseeing.

Name of event	March for Life
Destination	Washington, D.C
Date and time of departure	January 17, 2019 approximately 5:00 a.m.
Date and time of return	January 20, 2019 approximately 8:00 a.m.
Method of transportation	Great Lakes Motor Coach
Accommodations	National 4-H Center www.4hcenter.org
Participant cost	\$325

Tentative Schedule (subject to change)

Thursday, January 17, 2019

- 5:00 a.m. Pilgrims arrive at departure point: (Cathedral Square or Muskegon Catholic Central)
- 5:30 a.m. Departure for Washington. Lunch on route (on your own)
- 5:30 p.m. Arrive at National 4-H Center
- 6:00 p.m. Dinner (provided) and Check In

Friday, January 18, 2019

- 5:30 a.m. Depart 4-H Center by motor coach (*A sack breakfast & lunch will be provided*)
- 6:00 a.m. Arrival at Verizon Center, Washington DC
- 7:00 a.m. National Youth Rally and Mass for Life <http://youthrallyandmassforlife.org>
- 11:30 a.m. National March for Life, Washington Mall
Immediately following the national rally, we will travel by Metro Rail to "Friendship Heights" Station to return to 4-H Center
- 5:00 p.m. Dinner at National 4-H Center
- 7:00 p.m. Programming at National 4-H Center

Saturday, January 19, 2019

- 7:30 a.m. Breakfast at National 4-H Center (provided)
- 8:00 a.m. Pack buses, check-out of rooms
- 9:00 a.m. Sightseeing in your groups (lunch on your own)
- 3:00 p.m. Travel by Metro Rail to the Basilica of the National Shrine
- 5:15 p.m. Mass at Basilica of the National Shrine of the Immaculate Conception
- 6:30 p.m. Depart for return trip to Michigan (dinner stop, overnight travel)

Sunday, January 20, 2019

- 8:00 a.m. Arrive at Cathedral Square / Muskegon Catholic Central

Code of Conduct

In order to insure safety and a relaxed environment for learning and worship with a large group, we ask you to read the following agreements.

- Participants must wear name tag with medical release and registration form at all times.
- For minors: the use of tobacco, alcohol, drugs, and weapons is prohibited for the duration of the trip. Those who fail to comply with this rule will be sent home at the participant's expense.
- For adults: the use of alcohol, drugs and weapons is prohibited for the duration of the trip. Those who fail to comply with this rule will be sent home at the participant's expense.
- Tobacco users over 18 may use tobacco products in designated smoking areas.
- Keep with your group and adult chaperone at all times.
- Respect will be given to all participants at all times.
- Use the trip to expand the people you know—avoid creating the appearance of closed groups—be welcoming!
- Care will be taken to respect the drivers and the use of the buses.
- Good judgment and a loving heart should guide your behavior. Any disrespectful or disruptive behavior will be dealt with quickly and certainly. Participants who use inappropriate language, illegal substances or destructive behavior will be removed and may be asked to leave early at his/her expense.
- Youth are expected to attend and remain with their assigned chaperone during tours and activities.
- Youth are expected to attend all programmed events following the given schedule.
- Socializing should take place in public areas. NO visiting is allowed in sleeping areas occupied by the opposite gender without the presence of a chaperone.
- At all times, display appropriate behavior toward the opposite gender.
- Disagreements that impose on an individual's or group's comfort level will be brought to the group leader's attention for resolution.

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Packing List

WHAT YOU SHOULD BRING:

- toiletries (toothbrush, toothpaste, soap, shampoo, deodorant, etc.)
- warm clothing (winter coat, boots, gloves)
- clothes appropriate for mass
- rain poncho
- a small blanket for the bus
- backpack
- camera
- personal device (phone, games, etc.) with earphones
- books/journal
- Rosary
- snacks
- money for meals, metro transportation, donations (enough for two meals, probably \$25-30 and about \$11 for metro. Suggested donation at Basilica Mass \$5 and votive candle \$5)

To order metro cards, please visit the website www.wmata.com/fares/smartrip/ Each SmarTrip Card costs \$2. You can then register the card and add value online.

- extra money for souvenirs (pro-life t-shirts, buttons, etc. will be available in DC and the museums have gift shops)

WHAT YOU MAY NOT BRING:

- drugs/alcohol
- weapons
- inappropriate games or videos
- more than one suitcase
- coolers

*Suitcases will be stored under the bus. You may keep a small blanket, small bag or backpack with personal items/snacks, etc. on the bus. Limit yourself to one piece of luggage.

**If you wish to see our accommodations please go to www.4hcenter.org